



# SAMPLE LESSON PLAN

## SUMMER SESSION

Theme: Forest Play & Routine

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Story and Fingerplays</b> (Language Development)	Books/field guides from our library Form letters with sticks Nature stories and poems				
<b>Sensory and Science</b> (Cognitive Development)	← CHILD-LED FOREST EXPLORATION WITH POTENTIAL DISCOVERIES BELOW: →				
	<ul style="list-style-type: none"> <li>•Natural materials and loose parts</li> <li>•Mud kitchen play</li> <li>•Transform solid to semi solid</li> </ul>		<ul style="list-style-type: none"> <li>•Butterflies and bird sighting; wonder about their eggs and babies</li> <li>•How and why do things fall</li> <li>•Balance beams and ropes</li> </ul>		
<b>Art, Music and Creativity</b> (Social/Emotional Development)	<ul style="list-style-type: none"> <li>•Mud hand prints</li> <li>•Rock painting</li> <li>•Leave collage green and brown</li> <li>•Nature poems and songs</li> </ul>		<ul style="list-style-type: none"> <li>•Explore how animals make their homes in burrow, den, and nest and how they feel</li> <li>•Built and decorate a fairy/ animal den</li> <li>•Observe and hold critters with empathy</li> <li>•Wonder and care for forest creatures and plants</li> </ul>		
<b>Math</b>	<ul style="list-style-type: none"> <li>•Compare sizes of sticks needed to build a fort</li> <li>•Measure how much water we need to make runny vs solid mud</li> <li>•Sort nature materials by type/ color/ texture</li> </ul>		<ul style="list-style-type: none"> <li>•Count critters we see in the forest</li> <li>•Make different size piles of leaves (brown and green)</li> <li>•Problem solve how to set beams and ropes to make slopes and pulleys</li> </ul>		
<b>Special Activities</b> (Full Day Students Only)	MONDAY/THURSDAY: <b>Yoga</b> TUESDAY/WEDNESDAY: <b>Bubbles</b> FRIDAY: <b>Sprinkler Fun</b> <i>(Please arrive in swimsuit and bring change of clothes)</i>				
<b>Snack Menu</b>	Avocado Toast or Vegan Carrot Muffin Seasonal Fruit	Homemade Nut Free Trail Mix and Fresh Veggies Platter Seasonal Fruit	Cheddar or Mozzarella Cheese Cubes & Crackers Seasonal Fruit	Greek Yogurt & Soft Pretzels Seasonal Fruit	Corn Tortilla Chips or Soft Pita Bread with Hummus Seasonal Fruit

Note: Outdoor time and activities may be adjusted based on weather and heat advisory.